

20 Things to do in 2010

| | 2010 Goal | In progress | Yes |
|--|--------------------------|--------------------------|--------------------------|
| 1. I have written goals | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. I have an exercise plan | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. I have a degree | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. I don't smoke | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. I'm teaching a class | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. I know my credit score | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. I have a financial plan | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. I have a career plan | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. I have moved on | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. I can focus | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. I am doing something I love | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. I am improving myself | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. I don't gossip | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. I am responsible for my life | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. I have a family plan | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. I make good decisions | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. I am reading a book | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. I am learning from mistakes | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. I'm working on my communication skills | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

To set up individual Coaching or if you have goal questions contact:

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